

Oasis of Hope Hospital

Oasis of Hope Hospital, founded by Dr. Ernesto Contreras, Sr. in 1963, uses a multi-disciplinary approach to meet the physical, emotional and spiritual needs of its patients.

A few years after he founded the hospital, Contreras went on a tour of the Apostle Paul's missionary travels. When the guide discovered that Contreras was a physician, he took him to see an ancient healing center in Pergamum in what is now Turkey.

Contreras saw that the healing process there included emotional, spiritual and medical therapies. He realized the problem with modern medicine was that doctors had forgotten that a person has a body, mind and spirit. The focus had become placed on the illness instead of on the person.

In response, he made it his mission to provide therapies to improve the physical, mental and spiritual lives of his patients. Although Contreras died a few years ago, his vision still guides Oasis of Hope through the leadership of his son, Dr. Francisco Contreras. The two pillars of the Contreras philosophy adopted from Hippocrates and Jesus:

- ▶ Do the body no harm; do not compromise the patient's quality of life
- ▶ Love your patient as yourself

Contreras Sr. told his associates that when they treated a patient, they were treating a child of God. And unlike other doctors, who often try to maintain an emotional distance, the doctors at Oasis of Hope believe that the art of medicine begins with building a relationship with the patient.

If the staff at Oasis of Hope believes that a conventional therapy is necessary, they will make it available, but it will be administered in a way that will not cause negative side effects. They know that the side effects of chemotherapy are devastating for patients, which is why they propose more effective, less aggressive and less toxic treatments.

Oasis of Hope uses conventional chemotherapy but only when it is absolutely necessary, in the smallest possible dose and in combination with natural cancer therapies that sensitize tumors to treatment, such as juice therapy, nutraceuticals and Ozone.
